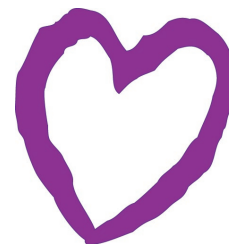




Children's Board  
HILLSBOROUGH COUNTY

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FAMILY  
RESOURCE CENTERS



## East County Success Story

# A Wonderful Year



### Five Protective Factors: Parent Resilience, Social Connections

*Children's Board Family Resource Centers are funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County. Managing partners include: Champions for Children, Children's Home Network, Easterseals Florida, Family Community Advisory Councils, REACHUP, Inc. And St. Joseph's Children's Wellness and Safety Center.*

**All programs and services  
are at no charge to  
families and individuals.**



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My name is Gabriela and I am a participant at the Children's Board Family Resource Center in East County. All the people who work in this place are wonderful people. They received my children and me very kindly.

When I arrived, Mrs. Lourdes, a beautiful person, helped me first. I had a few issues with my son Jacob. Jacob was two years old at the time and he did not want to eat or sleep. He would have temper tantrums in public and didn't behave well. Lourdes referred me to the HOT DOCS program which was an excellent program for my son. HOT DOCS taught me many techniques to deal with and understand my son's behavior. Thanks to HOT DOCS now I can understand our second child Sarai. Over time I became part of the Center and got to know staff Nina, Liliana and Mr. Sanchez.

I have also participated in the Developmental Playgroups provided by Baby Bungalow. These groups have also helped us a lot, and the children have fun while they learn. I have been participating in this wonderful Center for a year now and I feel as if I am with family. I really don't know what I would do without all these wonderful people.

Jacob has taken such love to these people that he always asks me to take him to "the little school." We have participated in many events which are always very fun; especially those on holidays.

My family lives far away and in this last year, the staff has made me feel like we are a family. I even met Sara, a new friend in this Center. Sara and her son Durian are also new to the Plant City area. Like me, Sara's family lives far away. After the Playgroups, we get together and take the children to the park.

Last but not least, I cannot forget to mention Beartiz Aponte-Gonzalez and Luis Diaz, the development specialists. I would like to thank them for their great knowledge and support in the development of my children.

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