



Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org

FAMILY
RESOURCE CENTERS



Town 'N Country Success Story

Giving Back to Help Others



Principles of Family Support #3: Families are resources to their own members, to other families, to programs, and to communities

Children's Board Family Resource Centers are funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County. Managing partners include: Champions for Children, Children's Home Network, Easterseals Florida, Family Community Advisory Councils, REACHUP, Inc. and St. Joseph's Children's Wellness and Safety Center.

**All programs and services
are at no charge to
families and individuals.**



Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org

My name is Sandra Burgess and I have been a member of the Children's Board Family Resource Centers in Town 'N Country, since July, 2014. I learned about the CBFRC in TNC from a friend of mine at church. I have custody of my granddaughter, Adrianna, and I enrolled her into their Developmental Playgroups. I felt a connection with this Center because it is managed by the Children's Home Network which is the same agency where I met my wonderful and devoted husband. We both worked in their residential program. We married and raised our four children.

There has been substantial trauma to our family unit and subsequently we are grandparents raising our grandchild. Life is not seamless as parents nor as grandparents. We as parents all want our family to be successful. I feel that my family needed and would have greatly benefitted if there had been more programs available in Tampa to help families during my formative years of raising my children. That is why I am so grateful that our county has programs like the CBFRCs as well as the other programs funded by the Hillsborough County Children's Board.

As a result of the services I received at the CBFRC in TNC, I was motivated to get actively involved in giving back to help others. I joined their Family Community Advisory Council in August 2015. Helping families to benefit from services is dear to my heart. I have plenty to do with my time but I sacrifice to make time to give back to help others. Recently, I started serving on the CBFRC Executive Board for which gives me a greater opportunity to help more families and as well as my community.

The CBFRC in TNC are like family and they make me feel like I belong. We all are in need to feel like we belong to something. If we can give families the tools that they need, and help make them feel like they belong then they too may in return give back. Serving at the CBFRC in TNC has been very rewarding and I am still amazed at how I am benefitting from their services. I attended a very nice Grandparent Day celebration and someone from the Kinship program spoke at the event. I felt the Kinship program would help me as a grandparent raising a grandchild so I enrolled in their program. The Kinship program has been very helpful to my family and I am happy to have learned about this program through the CBFRC in TNC.

www.familysupporthc.org