

Children's Board Family Resource Centers in Town 'N Country

# Free Flu Shots

## AROUND THE CENTER



Influenza (flu) is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death.

The flu is different from a cold. The flu usually comes on suddenly. People who have the flu often experience fever, chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, and fatigue. Some people may have vomiting and diarrhea, though this is more common in children than adults. Some people, such as senior citizens, young children, and people with certain health conditions, are at high risk for serious flu complications.

The best way to prevent the flu is by getting vaccinated each year with a flu shot.

**Young adults are eligible for free flu shot if they are 18 years old or over and are enrolled in Medicaid or have no health insurance.**

**For people 18 years and older.**

**Date: November 25, 2019**

**Time: 3:00pm to 5:00pm**

**Children's Board  
Family Resource Centers  
in Town 'N Country**

*Managed by The Children's Home Network*

**7520 W. Waters Ave., #8  
Tampa, FL 33615  
813-356-1703**

Hours: Monday - Thursday: 9:00am to 6:00pm  
Friday & Saturday: 9:00am to 1:00pm



***Walgreens immunization-trained pharmacists will administer the flu vaccine.***



**Children's Board  
HILLSBOROUGH COUNTY**

[www.ChildrensBoard.org](http://www.ChildrensBoard.org)

**FAMILY  
RESOURCE CENTERS**

*Children's Board Family Resource Centers are funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County. Managing partners include: Champions for Children, Children's Home Network, Family Community Advisory Councils, REACHUP, Inc. and St. Joseph's Children's Wellness and Safety Center.*

**All programs and services are at no charge to families and individuals.**

**[www.familysupporthc.org](http://www.familysupporthc.org)**

