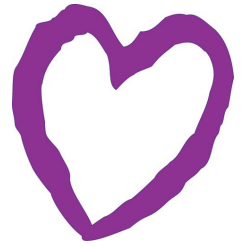




Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org

FAMILY
RESOURCE CENTERS



East County Success Story

Little Hidden Gem



Five Protective Factors: Parent Resilience and Concrete Support in Times of Need

Children's Board Family Resource Centers are funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County. Managing partners include: Champions for Children, Children's Home Network, Family Community Advisory Councils, REACHUP, Inc. and St. Joseph's Children's Wellness and Safety Center.

**All programs and services
are at no charge to
families and individuals.**



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My name is Jessica, my family and I moved to Florida in August after a few bumps on the road due lack of funds and resources. I sought out help from the local agencies for food and health insurance, but was denied. I continued my job search, and after three weeks I was able to find a job, take out a loan and purchase a trailer for my family in Thonotosassa.

I was referred to the Children's Board Family Resource Center in East County by the social worker from McDonald Elementary. My four children needed their immunization and physical records updated and transferred from out of state to Florida. All of my children received, their immunizations, physicals on the Mobile Medical Clinic (provided by St. Joseph's Children's Wellness and Safety Center) and even got their vision examined by Preserve Vision Florida. During check out were referred to Suncoast Dental. After the visit with Suncoast Dental, my children excited to go home with new tooth brushes and shiny, clean teeth.

At the Center, my family and I found a safe place. A place that offered the hope, strength and guidance my family and I needed to survive. We were provided with so much information about the community around us, such as clothing referrals, places where we can safely and economically come together as a family and have fun. We were also given the community newspaper, *Plant City Observer*, where we found even many more events for the upcoming holidays.

The staff has given me the strength and empowerment to push forward. I don't know what I would have done had I not found this little hidden gem. The CBFRC in East County is nothing short of a blessing. I truly hope they continue to be the light and guidance that so many families are in need of.

www.familysupporthc.org